## **Trip Highlight**

Trekking destination: API Himal Trek

Group size: 2 to Max

Maximum Altitude: 7,132m/23,399ft

Grade: Moderate and Strenuous

Accommodation: Hotel, Teahouse, and Camping

Duration: 15 days

## **Outline Itinerary**

- Day 01: Arrival in Kathmandu(1,300m/4,264ft)
- Day 02: Flight from Kathmandu to Dhangadi(109m/3,057ft) total time 1hr. 15min
- Day 03: Drive from Dhangadi to Gokuleshwar(8hr)
- Day 04: Drive from Gokuleshwar to Latinath(1,004m) 2hrs drive and 1hrs hike to Paribagar(1,770m/5,807ft)
- Day 05: Trek from Paribagar to Makarigadi(1,470m/4,822ft) 5hrs
- Day 06: Trek from Makaligadi to Siti(2,224m/7395ft) 8hrs
- Day 07: Trek from Siti to Domal(2,950m/9,678ft) 7hrs
- Day 08: Trek from Domal to Dhaulo Odar to lower API Base camp(3,548m/11,640ft)
- Day 09: Trek from Daulo Odar to AP Base Camp(3861m/12,667ft)
- Day 10: Trek from Daulo Odar to Siti(2,058m/7,458ft) 6hrs
- Day 11: Trek from Siti to Makalagadi(1,470m/4,822ft) 6hr
- Day 12: Trek from Makaligadi to Latinath 4hr and drive to Gokuleshwar (2hr)
- Day 13: Drive back from Gokuleshwar to Dhangadi(109m/357ft) 9hrs
- Day 14: Fly from Dhangadi to Kathmandu(1,300m/4,264ft) 1.15hr approximately
- Day 15: Departure

## **Trip Note**

Api Base Camp trekking is for the safety and well-being of our groups. All of our trips are led by qualified professional guides who are well-trained by Nepal Government. Our responsibility is to ensure your comfort and safety as we take your holiday. In this regard, we work honestly and effectively to provide you with the Himalayan experience that suits your interest. We encourage you to question us freely and contribute to the planning stages of your adventure in the trekking period.